

Keynote

Wednesday 8th September 15:00-15:30

Ross McWilliam www.mindsetpro.co.uk

A long-standing practitioner who specialises in building confidence and positivity in both adults and children, Ross has the ability to build you up or calm you down. He brings out the best in people, empowering them to try new things and to overcome their fears. His focus on a positive mindset provides the tools and techniques to keep going, especially when workloads are high and the pressure is on.



Watch Ross on YouTube: <https://www.youtube.com/watch?v=o6MGw5G728s&t=16s>
<https://www.youtube.com/watch?v=fYB4Bg7hNvY&t=81s>